

प्राज्ञिक नर्सिङ्ग सेवा, चाइल्ड हेल्थ नर्सिङ्ग समूह, सहायक प्राध्यापकनौ(ख) (९ ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Introduction to child health and child health nursing
 - a. Factors affecting child health
 - b. Child health problem in industrialized and developing countries
 - c. Child health indicators
 - d. Rights of children
 - e. National plans, policies and strategies for child health
2. Child welfare programs
 - a. CB IMNCI
 - b. Maternal and Child Health
 - c. Reproductive and Child Health
 - d. Baby friendly hospital initiatives
 - e. School health programmes
3. Genetics and child health
 - a. Common chromosomal abnormalities – Down's syndrome, Cri-du-chat syndrome, Turner's syndrome, fragile syndrome, Klinefelter's syndrome
 - b. Genetic counselling and role of the nurse
4. Nursing management of children with congenital anomalies
5. Growth and development of children
 - a. Factors affecting growth development
 - b. Various theories related to growth and developments: Freud, Erikson, Piaget, Kohlberg
6. Newborn period
 - a. The high risk newborn
 - b. Common health problems of the newborn and their management, Birth, asphyxia, respiratory distress syndrome, neonatal hyperbilirubinemia, hypoglycaemia, septicaemia, hypothermia, birth injuries, etc.
7. Infancy Period
 - a. Health promotion of infant
 - b. Health promotion during infancy and their management: nutritional deficiencies, colic, infectious diseases, accidents, separation anxiety
8. Toddlerhood Period
 - a. Common health p problems of toddlerhood period and their management
 - b. Behavioural problems of toddlerhood and their management
9. Preschool Period
 - a. Health promotion of preschool child
 - b. Common health problems of preschool period and their management
 - c. Behavioural problems of preschool period and their management: fears, speech problem
10. School-age Period
 - a. Health Promotion

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवाआयोग

प्राज्ञिक नर्सिङ्ग सेवा, चाइल्ड हेल्थ नर्सिङ्ग समूह, सहायक प्राध्यापकनौ(ख) (९ ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- b. Common health problems of school age period and their management
 - c. Behavioural problems of school age period and their management: school phobia, enuresis, attention deficit disorder and learning disability
11. Adolescence
- a. Common health problems of adolescence and their management: delay in growth and maturation juvenile delinquency, suicide, drug abuse, infection monocucleosis, obesity, systemic hypertension
12. Fluid and electrolyte disorder
- a. Electrolyte imbalance – hypo/hyponetramia, hypo/hyperkalemia, hypo/hypermagnesemia and hypo/hypercalcemia
13. Respiratory disorders
14. Renal function disorders
15. Cardiac, blood and immune suppressive disorder
16. Endocrine disorders
17. Disturbance of central nervous system
18. Musculoskeletal disorders
19. ENT disorders
20. Malignant disorders
21. Palliative and hospice care pain management
22. Communication and ethical issue, breaking bad news, autonomy, beneficence, malfeasance, futility
23. Life threatening disorders
24. Chronic disorders
25. Surgical disorders
26. Intensive care nursing
27. Integumentary disorders
