

# Patan Academy of Health Sciences (PAHS)



## Fellowship in Palliative Care (FPC)

### PROSPECTUS (2024)

**Note:**

- Please go through the prospectus and instructions carefully before filling the forms
- The fees once paid will not be refunded

## BACKGROUND

A projection based on modeling mortality data estimated that a total of 58,000 adults required palliative care in Nepal in 2012 with cardiovascular disease, chronic obstructive pulmonary disease and cancer representing the greatest need. Similarly, another study from rural Makwanpur showed 6.4% of the rural population had Non-communicable disease (NCD) and 3.04% of the population had palliative care need.

In contrast to the great need for palliative care, there are, at present, only a few doctors who are practicing palliative care. Patan Hospital has been providing palliative care for many years and has started a formal palliative care unit since 2019. It has become imperative to start fellowship in Palliative Care to produce specialist in this field to provide care, train other palliative care specialist and other health professionals and take leadership to improve end of life care at national level.

## MISSION OF THE FELLOWSHIP PROGRAM

The Fellowship Palliative Care (FPC) program at Patan Academy of Health Sciences (PAHS) will be the first such program to produce physicians who will be able to provide excellent care for patients with palliative care needs, educate other health professionals about palliative care; take leadership in improving end of life care at national level.

## GOALS OF THE FELLOWSHIP PROGRAM

The goals of the Fellowship program are to produce physicians who:

- are caring and socially responsible physicians who:
  - Are competent in providing holistic care for patients approaching end of life
  - Have the expertise to provide good symptom control
  - Communicate well with patients, family, and colleagues and are able to have difficult end of life discussions with patient and family
- Are able to educate and train other physicians, nurses and mid-level health workers in the field of palliative care.
- Take leadership in promoting palliative care at local and national level.
- undertake appropriate research in field of palliative care

The goals of the Fellowship program are to produce physicians who:

- are caring and socially responsible physicians who:
  - Are competent in providing holistic care for patients approaching end of life
  - Have the expertise to provide good symptom control
  - Communicate well with patients, family, and colleagues and are able to have difficult end of life discussions with patient and family
- Are able to educate and train other physicians, nurses and mid-level health workers in the field of palliative care.
- Take leadership in promoting palliative care at local and national level.
- undertake appropriate research in field of palliative care

## Desired Outcome

The fellowship program will provide systematic training under the guidance of qualified Faculties to produce qualified doctors with wide-ranging skills and experience who have the PAHS eight core competencies.

## Competency of the Fellowship Program

By the end of fellowship, the fellows are expected to have achieved the PAHS Core competencies in all the areas.

Competency	Sentinel Habit
Professionalism	Demonstrates respect and responsibility
Patient centered care	Incorporates the patient's experience and context into problem identification and management
Community Orientated	Involves family in the care of the patient and promotes home and community based care and manages according to availability of resources.
Clinical reasoning	Generates relevant hypotheses for the cause of patient symptoms and manages with available best practices
Procedural skills	Uses general key features when accomplishing a procedure.
Communication	Uses clear and timely nonverbal, verbal and written communication
Scholarship	Learns and teaches relevant and achievable objectives. Participates with ongoing quality improvement and/or research
Leadership	Uses the moral authority derived from personal integrity to develop palliative care at local and national level

## Course Structure

Syndromic problem based approach will be used as teaching and learning method. Principles of adult learning will be followed. The learning process will be through self-reflection and feedback. This needs to be demonstrated and documented. This needs an effort from the trainees to complete the required competency.

- The program will be of minimum one and half years which can be extended if the required competencies have not been achieved.
- There will be 12 weeks of rural rotation
- The program will be competency based program with emphasis on formative workplace based assessment and feedback.
- All candidates will have to undertake research on a topic related to palliative care following standard research methodology and submit it in form of a publishable paper.
- The periodical Academic Day is a very important for the success of the curriculum. This day will help see and recommend progress of residents. This is a protected time for residents to study and for faculty to assess the students' progress.

## CLINICAL ROTATIONS

Over the 18 months program, fellows will have following core rotations to gain clinical experience:

Duration (weeks)	Institution	Purpose ( apart from general palliative care , further focus should be on:
12	Patan Hospital, Hospice Nepal,	Non-malignant disease, home care, geriatric care
15	Bhaktapur Cancer Hospital	principles of management of common cancers, toxicities of chemo and radio-therapy ( half time should be allocated to oncology ward)
15	Green Pasteur Hospital	Malignant and non-malignant disease, rehabilitation
12	Rural Rotation in Makwanpur	Community based rural palliative care
10	Pediatric palliative care in MNJ Institute of Oncology, Hyderabad / Kanti Children Hospital/	Principles and management of common cancers in children and palliative care in children
13	Patan Hospital, Hospice Nepal	Planning of palliative care delivery in national context
1		exam

Fellows will be expected to take in-house calls twice a week at the respective institutions that they are at, at the time of their rotation.

Vacation as per PAHS standard requirement.

## Evaluation

The methods of assessment for Postgraduate students will include Formative ongoing assessment and feedback and a summative exam at the end of the training. This being competency based program, trainee will be assessed to see whether the competency has been attained or not. The change in behavior will be measured using various tools evaluating Entrustable Professional Activities (EPAs). The tool will be observable and measurable, executable within a time frame, suitable for entrustment decision, assessment result framed as permission with designated level of supervision.

## Repetition of the course

The program will be of minimum one and half years which can be extended if the required competencies have not been achieved.

Repeating resident shall pay fees as follows:

1. Tuition Fee: 15% of the total tuition fee
2. All other fees: 100% as mentioned in the prospectus

## Leave Rules

Leaves will be as per rules of Patan Academy of Health Sciences.

## Accommodation

The candidates must manage their own accommodation.

## Allowance

Stipend for the Fellows will be paid as per PAHS rules and regulations.

## ADMISSIONS

### Eligibility Criteria

The fellowship candidates must fulfill all of the following requirements to be admitted to the fellowship program:

1. Successful completion of MBBS or equivalent from a medical college/ university recognized by Nepal Medical Council
2. Successful completion of post graduate degree in clinical subject from a medical college/university recognized by Nepal Medical Council
3. Other entry criteria as per Post Graduate Admission Directive of PAHS

### Duration of Course

The duration of Fellowship in Palliative Care program is **18 months**.

### Available Seats

- There will be a total of **2 seats**.

### Types of Seats

- Institutional sponsorship by Nick Simons Foundation (NSF)

### Selection Process

Fellowship Candidates will be selected on merit basis based on the scores of written examination consisting of multiple choice questions (MCQs).

### Fee Structure

SN	Particulars/Headings	Fees in NPR	Remarks
1	Application Fee	5,000.00	
2	Tuition Fee	2,00,000.00	
3	Other Fees:		
	3.1 PAHS Registration Fee	5,000.00	
	3.2 Security Deposit	20,000.00	Refundable on completion of course
	3.3 Health Insurance	4,000.00	Annual
<b>Total Fee Payable at the Time of Admission</b>		<b>2,29,000.00</b>	<i>In words: Two lakh twenty-nine thousand only</i>
Additional Fees:			
4	Rotational Clinical Placement:		
	4.1 Within the country	7,000.00	Per week
	4.2 Outside the country		To be borne by candidate
5	Supplementary Exam	15,000.00	Per attempt

**Note:** The fees, once paid, shall not be refunded and is subjected to change or reviewed.

### Documents to be submitted

- Curriculum Vitae
- Postgraduate degree certificates
- MBBS certificates
- NMC Specialty registration
- Citizenship
- Bank Voucher

### How to Apply

Candidates must fulfill the application process by deadline

### For Further Detail

Please contact: +977-1-5545112; E-mail: [pahs@pahs.edu.np](mailto:pahs@pahs.edu.np)